Welcome to Howard University!

FALL 2020
PARENT & FAMILIES BOOKLET

#HowardU

HOWARD UNIVERSITY

#HU24
Table of Contents
Message from Vice President of Student Affairs  3
Welcome from Chair of Parent Advisory Council  5
About Howard University  6
New Student Orientation Checklist  7
Transcripts & Immunization  8
Health and Wellness  9
Handshake  10
Virtual Howard  11
Student Services  12
Independence / Finance & Budgeting  13
Travel, Transportation and Safety  14
Important Contact Information  14
Preparing for Howard Environment  15
List of Majors  16
Save the Dates  17
Important Contact Information  18
Campus Map  20
Travel Directions  21
Lodging  22
Dear Parents and Families,

I hope this message finds you safe, in good spirits, and looking forward to the upcoming semester at Howard University. We are excited to welcome your student—and you—to the Bison family!

We believe that parents and family members are the most reliable allies and resources in our efforts to support student success. For the past eighteen or more years, you have shared your values with your students. We hope that your hard work as parents will continue to be an excellent guide for their journey.

**Student Opportunities**

The Howard Experience has the potential to be transformative, and we have high expectations for our students. To help them make the most of their time at Howard, we ask students to get involved in something that matters, to consider themselves representatives of the university, and to act with integrity in all they do.

A variety of departments within the Division of Student Affairs are supporting your students in their out-of-classroom experiences. We support their development of social skills and leadership acumen in Student Life and Activities and the Blackburn University Center. Students become engaged with the communities in which they live, whether that is on campus with the Office of Residence Life and University Housing or the Office of Off-Campus Housing and Community Engagement.

We encourage students to take care of their health in mind, body, and spirit, with support from the University Counseling Service and the Student Health Center. Students can satisfy their interest in sports with Intercollegiate Athletics or Intramural Sports. Student Services supports our veteran students and provides services for students with disabilities. The Office of Student helps our students maintain the community standards that make this the extraordinary university that we all know it to be.

**Making Safe Choices**

High-risk drinking and drugs continue to be a big concern for college students across the nation. We work hard to educate students and give them tools to develop good learning habits and life-skills. Students must understand the consequences of high-risk drinking. Negative effects can range from causing issues between roommates to putting students at a competitive disadvantage when applying for scholarships, internships, and other rewarding opportunities.

If students choose to have sex, they must also understand the importance of using safer sex practices and getting consent. An incapacitated person cannot consent—unless a partner gives an “enthusiastic yes,” the answer is “no.” There are multiple places on campus, including the Student Health Center and the Interpersonal Violence Prevention Program, where students can get access to protection or talk to a professional about sexual health.

We ask that you have on-going conversations with your students about these important topics. Thank you for partnering with us to reinforce these critical messages with your students.
Bison Family

We look forward to engaging you as part of our Bison family. Please stay involved with our growing Parent Program. Sign up on bit.ly/bison-family to receive important email updates from the university.

Lastly, as you prepare for the start of a new academic semester, here are five things that I ask you to tell your students:

1. I love you and believe in you — no matter what. Keep in touch.
2. Meet friends who are different from you. They will last a lifetime.
3. Swim upstream. This is your journey—be your own person.
4. Sleep is a good thing. So is attending class.
5. If you see something, say something. Bison take care of each other.

If you have any questions, you can email us at bisonfamily@howard.edu. Follow HUPAC on Twitter at @HowardParent.

In Truth and Service,

[Signature]

Kenneth Holmes
Vice President for Student Affairs
CONGRATULATIONS!

Dear Bison Parent,

On behalf of the Howard University Parent Advisory Council (HUPAC) I would like to congratulate you on your student’s success and welcome you to the Howard University Family. Howard will provide your Bison with a rich and rewarding college experience. They will learn from accomplished scholars, form lifelong friendships and be afforded tremendous academic, professional and social opportunities.

As you and your Bison embark upon this new journey, HUPAC looks forward to working with you to help your student navigate through the Howard experience. HUPAC is a recently formed parent organization and our primary mission is to serve as the liaison group for Howard University parents and family members. We focus on connecting parents and family members to campus departments and student services in addition to advocating the needs and concerns of parents and family members to University administrators. Ultimately, we work to improve the Howard experience for all HU families.

As fellow Bison parents, we understand the joy and anxiety associated with your Bison starting college. We will be your voice with HU administration and your resource as you navigate the college parent landscape. We welcome you!

Please make sure to connect with us via the following:

Online: www.studentaffairs.howard.edu/parent-portal
Twitter: @HowardParent
Facebook: Howard University Parent Advisory Council

Again, welcome to the Howard Family and best wishes for a successful and enjoyable Howard experience.

Excellence in Truth and Service,
L. Renee’ Simmons-Woods
Chair
Howard University Parent Advisory Council
Howard Alumna c/o ‘89
About Howard

Founded in 1867, Howard University is a private, research university comprised of 13 schools and colleges. Students pursue studies in more than 120 areas leading to undergraduate, graduate and professional degrees. To date, Howard has awarded more than 120,000 degrees in the arts, the sciences, and the humanities. The historic main campus sits on a hilltop in Northwest Washington blocks from the storied U Street and Howard Theatre. We are two miles from the U.S. Capitol where many students intern, and scores of alumni shape national and foreign policy.

About New Student Orientation

New Student Orientation (NSO) is designed for all incoming first-year and transfer students. It introduces you to Howard University, where you will have the opportunity to learn more about HU’s academic programs, student support services, meet student leaders and connect with future classmates.

All new students are expected to complete and attend our New Student Orientation Programs. These programs include Bison Prep (Summer Online Orientation) and Bison Week (Fall Orientation).

Our goal and hope are that you and your family have a seamless transition to Howard University and becoming a part of the Bison family! If you have any further questions or concerns pertaining to New Student Orientation, contact the Center for Academic Excellence at (202) 806-4029 or orientation@howard.edu.

The following pages provide information about:

"Are You Bison Ready?" Student Checklist
Bison PReP
Bison Week
Are You Bison Ready?

As your child starts their college journey at Howard University, help ensure they have a seamless transition to the Bison community by using the checklist below!

**New Student Checklist**

- **Email Account**
  Bison Email is the official email for Howard University. You can get your login information from BisonWeb, under Personal Information and View E-Mail Address. All Howard Communication will be sent to your Bison Web.

- **Bison Web**
  Access your BisonWeb. This portal provides access to course registration, student accounts, financial aid, grades and transcript information.

- **Complete Math Placement Exam (if applicable)**

- **Submit Immunization forms**

- **Complete Language Placement Exam (optional)**

- **Apply for Housing**

- **Submit High School and College Transcripts**

- **Complete Virtual Orientation (Online Orientation)**
  Available now at orientation.howard.edu

- **Complete Handshake Profile by Aug 1, 2020**
Transcripts & Immunizations

Each year, Howard University welcomes hundreds of high achieving students who have earned college and/or advanced credits. To learn more about Howard University's transfer credit policies, please review the information below, or click here.

**FINAL TRANSCRIPTS**

Howard University accepts academic courses from regionally accredited colleges and universities as transfer credits.

**CREDIT BY ADVANCED PLACEMENT (AP) EXAMINATION:**

New students entering Howard University may receive course credit for academic courses completed in secondary schools under the Advanced Placement Program administered by the College Board. AP score must be sent directly from the College Board to the Office of the Enrollment Management.

**CREDIT BY INTERNATIONAL BACCALAUREATE (IB) EXAMINATION:**

Howard University will evaluate and award course credits for an IB examination score. IB certificate must be sent directly to the Office of Admissions.

**IMMUNIZATION REQUIREMENTS**

It is our pleasure to announce that we are now utilizing Med+Proctor for verification of your immunizations and medical requirements for Howard University. This system is a cloud-based, fully automated and user-friendly platform that is both HIPAA and FERPA compliant. All incoming students are required to use Med+Proctor to submit medical/immunization records.

1. Register
   a. Visit medproctor.com and click “register” to start a new account. Search and select Howard University to get started and follow the directions to register a new account.

2. Download
   a. Fill out any required personal, medical or insurance information. Download the required forms and follow directions provided.

3. Upload
   a. Log back into your Med+Proctor account and upload a copy of your forms. Make sure your forms are complete and legible. You will receive an email confirmation once the forms have been reviewed.
Health and Wellness

1. United Health Care the insurance carrier used by the university. It is REQUIRED. The insurance carrier that you CURRENTLY have for your student will become the SECONDARY insurance. www.uhcsr.com/Howard

2. Please make ALL MEDICAL appointments now to have your student get ALL desired appointments BEFORE leaving home. Try to have all required exams completed THIS SUMMER before your Bison starts their new experience at their new home, Howard University. If your medical provider is not meeting with patients in person, they may offer virtual appointments for some needs. Orthodontics, ophthalmology, orthopedics, and mental health assessments and follow-ups are routine appointments that are best completed before you arrive in the fall, if possible. You want to prevent any undue stress because of medical, dental, etc. concerns that could arise if not addressed with their primary care doctors.

Services Offered by Student Health:
- Preventative care services by appointment
- Physicals – by appointment
- Same day services for urgent care
- STI and HIV screening and counseling
- PrEP
- Health education and wellness programs
- Referrals
- Immunization and tuberculosis screening
- Health clearances
- Lab services through LabCorp

3. Immunizations – huhealthcare.com/healthcare/students. All Immunization schedules are listed and outlined in detail. The university is using MedProctor for immunization verification. All students new to the university must use MedProctor for the collection and verification of health information. This includes new, transfer and former students returning.

4. Mental and behavioral health services are initially screened by Student Health. A referral is then made to Behavioral Health. Both Student Health and Behavioral Health are divisions of Student Affairs.
   a. Student health services are located in the Medical Arts Building on Georgia Avenue.
   b. Behavioral health services are located in a separate building at 6th and Bryant Streets.

5. Howard University Hospital is located within walking distance of the Howard University campus. It is a Level One Trauma Center capable of providing any service that Student Health is unable to give. Referrals may be required.
   a. Student Health Contact Telephone nos. 202-806-7539, 7540
Handshake

Howard University's official internship and job-search site, Handshake is a comprehensive career development portal that offers hundreds of job listings, employer networking events, and other career related services. It provides students with information and resources for job market preparation. Students may register for annual career fairs, on-campus interviews, and other activities hosted by the Office of Career Services. Follow the steps below to take advantage of the opportunities provided.

Login Instructions

Step 1: Activate your account

Your account is already created for you at the beginning of the academic year. All you need to do is go to Howard's Handshake page using this URL: https://howard.joinhandshake.com/login. Once you're on your school page, click on the blue login tab: 'HU Student Login' and use the same credentials you use to log into your Howard University email ending in 'bison.howard.edu.'

Step 2: Complete your profile

Because we created your account ahead of time, some of your information will already be in your Handshake profile from your admissions records. Verify all pre-loaded information is correct. If you find an error in any of your profile data, contact the Office of Career Services at careerservices@howard.edu. A competitive Handshake profile is at least 85% complete. This should be your goal as soon as you gain access to the account.

Step 3: Complete your profile.

After you’ve completed your profile, you'll need to have a public resume available to employers who are looking for talented Howard University students. You may also upload a cover letter or a statement of your career interests. Even if there are no jobs available to you in your Freshman year, you will need to have a competitive profile to apply for scholarships and be invited to other networking events throughout the year. Remember, the more information you add to your profile, the easier it will be for employers to find you and to decide if you are a match for current openings.

Step 4: Search Internships. Jobs, Scholarships

From the landing page, use the top search bar and filters to look for companies and internships you’re interested in learning more about or applying to.
Virtual Howard is our online, self-guided tutorial about Howard University. It covers all the important information about critical student services that are available to you and your family. Each module has important information you need to know as an informed student.

Parents/ Families may also complete the module. The full module will only take about 2 hours to complete. You can also close out and complete the module later.
The Office of Student Services is a multi-functional office that supports the mission of the Division of Student of Student Affairs by creating academic and socially accessible environment in two critical areas: Disability Services and Veteran Affairs.

Disability Services seeks to improve the educational development of students with disabilities and to enhance understanding and support within the university. We assure that qualified students with disabilities have equal access to all University programs and have reasonable accomodations to services.

Veteran Affairs serves as a liason between the Howard University student veterans and the U.S. Department of Veteran Affairs. We assist student veterans with processing of VA forms for veteran benefits, advising on procedural requirements and certifying enrollment of student veterans to the Department of Veteran Affairs.
Developing Independence from Parents/Guardians

1. Encourage your Bison to join their state club. It provides a home connection that will help lift their spirits if/when they become homesick.

2. Mentor your Bison through problem-solving – don’t immediately solve problems for them.

Consider asking the following questions:
- Have you asked your classmates to see if they have any advice or experience to share?
- Have you gone to the university office that oversees the area of your concern?
- Have you communicated in writing with the university department that can address your concern?
- Can your academic advisor or other faculty mentor assist you?

Finance and Budgeting

1. Set expectations by establishing YOUR budget first.

2. Be transparent with your student about YOUR budget and financial contributions.

3. If possible, create a shared account that allows for easy transfer of funds and the ability to see and monitor your student’s spending.

4. Work with your student to create a budget. Some families use Mint: Budget Tracker & Planner (www.mint.com). This app allows accounts to be linked and is a great tool for helping your student with financial literacy.

5. Educate your student about how credit cards work. College students receive many offers for credit cards.

6. Educate yourself about how those apps that college students often use work (e.g. cash apps for shared expenses like ordering food, Uber rides, and other group purchases) and factor use of these apps into your budget planning.

7. Set up scheduled budget reviews and help your student focus on the big picture and their overall goals.
Travel and Transportation

1. You can pick up several essentials when you arrive by participating in the college registries of stores that have locations near campus like Bed, Bath & Beyond. You can order your items at home and pay and pick them up from the store in DC.

2. If your student must fly to get to Howard, consider your airline choice. Many families who live in locations serviced by Southwest Airlines choose to fly Southwest because of the free two-bag allowance and competitive point rates. Also, consider that if you choose to fly into airports like Dulles International and Baltimore-Washington International (BWI) your ticket cost may be lower.

3. Howard operates shuttle buses daily for students and for university guests during many university-wide public events.

Safety On and Around Campus

1. Advise your Bison to always travel with a buddy when leaving campus and traveling around DC. DC is a very vibrant and active city that compliments the college experience.

2. If your Bison is traveling on campus early in the morning or late in the evening, encourage them to make sure that someone at the destination expects their arrival and knows your student’s location. When people onsite are equipped with this information, prompt calls for help can be made if your Bison does not arrive as intended/expected. Many of your student’s connections (e.g. sports teams, clubs, classes, dorm floors, and friendship groups) have group chats that are great for this purpose.

3. Remind your freshman student always to keep their phone charged and keep it with them. Even if you don’t use it to track your student, most parents certainly rely upon it as a trusted means to contact our students. [Note: This does not mean that your students will always respond on the spot to your telephone calls and text messages – college is a place where our students really try out life on their own.]
PREPARING FOR THE HOWARD ENVIRONMENT – PHYSICAL AND SOCIAL

Residence Halls

1. Furnish your student's dorm room based upon your student's anticipated needs. Some popular items include an electric blanket, foam mattress topper, electric hot water kettle, printer, laptop, shower caddy, shower shoes, bathrobe, basic school supplies, and non-perishable groceries. Although the pressure to duplicate items highlighted on a YouTube dorm video may be great, remember the volume of dorm items may increase by 25% by the end of the year, and those items must be transported and stored for the summer.

2. If you hail from a state that generally has warm weather, consider waiting until you arrive in DC to purchase winter clothing, including coats. You may find that the selection is different and more appropriately tailored to the climatic needs.

3. Consider sending your Bison to school with an internet booster to increase the speed of the internet while connected to university wifi.

4. The mini-fridge is essential, but it requires the allocation of space. The residence halls allow each room to have one micro-fridge, so your student should coordinate with their roommate about a micro-fridge rental.

5. Spend time with your Bison before they arrives on campus, exploring healthy ways to prepare snacks and meals with limited means (i.e. – microwave and mini-fridge).

Social

1. Explore the student organizations on campus – many of which are social. There are social organizations that are well-suited for introverted and extroverted students. Suggest that your Bison visit the social media platforms for the various organizations to learn about upcoming events and membership opportunities.

2. Offer your advice based upon your knowledge of your student to help them manage their social activities and academics.

3. Often the students of each freshman class choose a platform on which to communicate with one another (HU21 had a massive GroupMe that included 1,000 students, some of whom still communicate via this platform today). Class members create the groups—they are not initiated, owned, or managed by the university. This is an opportunity to stay connected with fellow freshman Bison and form a community before arriving on campus. If your Bison has not yet been invited to an existing group, it's possible it hasn't been created yet, thus providing the opportunity for you to encourage your Bison to start the group for Class of 2024.
List of Majors

Below is a list of four year degree programs Howard University provides!

AcAccounting (B.B.A.)
African Studies (B.A.)
Afro American Studies (B.A.)
Art History (B.A.)
Art (B.F.A.)
Biology (B.S.)
Clinical Laboratory Science (B.S.CLS.)
Chemistry (B.S)
Chemical Engineering (B.S.)
Civil Engineering (B.S.CIV)
Computer Engineering (B.S.Comp.Eng.)
Computer Information Systems (B.B.A.)
Computer Science (B.S.)
Criminology (B.A.)
Economics (B.A.)
Electrical Engineering (B.S.Elec.Eng.)
Elementary Education (B.S.)
English (B.A.)
Finance (B.B.A.)
French (B.A.)
Health Education (B.S.)
Health Management (B.S.)
Health Sciences (B.S.)
History (B.A.)
Human Development (B.S.)

Human Performance (B.S.)
Interdisciplinary Studies - (B.A.)
International Business (B.B.A.)
Leisure Studies (B.S.)
Mathematics (B.S.)
Management (B.B.A.)
Marketing (B.B.A.)
Mechanical Engineering (B.S.Mech.Eng.)
Media Journalism, Film and Communications (B.A.)
Music (B.M.)
Nutritional Sciences (B.S.)
Nursing (BSN)
Philosophy (B.A.)
Physics (B.S.)
Political Science (B.A.)
Psychology (B.S.)
Radiation Therapy (B.S.R.T.)
Sociology (B.A.)
Spanish (B.A.)
Strategic, Legal, & Management Communication (B.A.)
Supply Chain Management (B.B.A.)
Theatre Arts (B.F.A.)
Save the Dates!

- Move - In: Friday, August 14th - August 15th *
- Pinning Ceremony: Sunday, August 16th *
- Bison Week: August 17th - August 21st*
- First Day of Class: Monday, August 24th *
- Last Day to Register for Fall 2020: Friday, September 4th *

*Dates are subject to change*

*Please Note:

All OFFICIAL Howard University events will be communicated via email. Events shared with you otherwise, are not official Howard events.
Important Contact Information

(OUS) Center for Academic Excellence
Carnegie Building, 2nd Floor
undergraduatestudies@howard.edu / 202-806-4029

(OUS) Tutoring and Learning Support
AS-B Building, 1st Floor
tlss@howard.edu / 202-806-7634

Counseling Services
C.B. Powell Building, Resource Center
tlbarnes@howard.edu / 202-806-6870

Dining Services
Blackburn Center
202-806-7400

Office of Financial Aid
Administration Building, Suite 205
finaid@howard.edu / 855-490-2875

International Student Services
Administration Building, Room G-10
pugbong@howard.edu / 202-806-2777

Office of Career Services
C.B. Powell Building
careerservices@howard.edu / 202-806-7513

Residence Life & University Housing
College Hall North, Lower Level
hureslife@howard.edu / 202-806-6131

Office of the Registrar
Administration Building, 1st Floor
registrar@howard.edu / 202-806-2705

Office of Bursar
Administration Building, Suite 218
bursarhelp@howard.edu / 855-490-2875

Student Employment (Federal Work Study)
C.B. Powell Building
careerservices@howard.edu / 202-806-7513

Division of Student Affairs
2400 Sixth Street, Second Floor
studentaffairs@howard.edu / 202-806-2100
Schools and Colleges

School of Business
2600 6th Street NW
(202) 806-1575

School of Communications
Advising Office Location: 525 Bryant Street NW Suite 222
(202) 806-4044

School of Education
2441 4th Street NW
(202) 806-7340

College of Engineering and Architecture
2366 6th Street NW
(202) 806-6565

College of Nursing and Allied Health Sciences
516 Bryant Street NW
(202) 806-5431

College of Arts and Sciences
(Center for Academic Excellence – Academic Advising)
2395 6th Street NW - Carnegie 2nd Floor
(202) 806-4029

College of Arts and Sciences
(Pre-Professional Advising)
1st Floor Locke Hall
(202) 806-6985

Division of Fine Arts
Childers Hall
(202) 806-7040
Travel Directions

From Maryland - Traveling West
Take the Baltimore-Washington Parkway (I-295) to New York Avenue (R-50). Take New York Avenue to Florida Avenue and turn right. Take Florida Avenue to Georgia Avenue and turn right. Take Georgia Avenue to Howard Place (approximately four blocks) and turn right. You are now on the campus of Howard University.

From Maryland - Traveling South
Take I-95 to I-495 (Silver Spring). Take I-495 to Georgia Avenue (Silver Spring). Take Georgia Avenue to Howard Place (approximately seven miles). Turn left. You are now on the campus of Howard University.

From Maryland - Traveling North
Following I-295 North across the 11th Street Bridge. Go through tunnel (I-395 North) to the 3rd Street Tunnel. Take the 3rd Street Tunnel to Massachusetts Avenue exit. (You will actually be on New Jersey Avenue not Massachusetts Avenue.) Take New Jersey Avenue to Florida Avenue and turn left. Take Florida Avenue to Georgia Avenue (approximately three blocks) and turn right. Take Georgia Avenue to Howard Place (approximately four blocks) and turn right. You are now on the campus of Howard University.

From Virginia - Traveling East
Follow Shirley Highway (I-395) East through the 3rd Street Tunnel (I-395 North) to the Massachusetts Avenue exit. (You will actually be on New Jersey Avenue not Massachusetts Avenue.) Take New Jersey Avenue to Florida Avenue and turn left. Take Florida Avenue to Georgia Avenue (approximately three blocks) and turn right. Take Georgia Avenue to Howard Place (approximately four blocks) and turn right. You are now on the Campus of Howard University.

OR
Take I-66 East across the Theodore Roosevelt Memorial Bridge to Constitution Avenue. Take Constitution Avenue (23rd Street is at the end of the bridge) to 7th Street and turn left. (At Florida Avenue, 7th Street becomes Georgia Avenue.). Take Georgia Avenue to Howard Place (approximately four blocks) and turn right. You are now on the campus of Howard University.

From Virginia - Traveling North
Take I-95 to I-395 to the 12th Street exit. Turn right onto Constitution Avenue. Follow Constitution Avenue to 7th Street and turn left. Follow 7th Street (at Florida Avenue, 7th street becomes Georgia Avenue) to Howard Place (approximately four blocks from Florida Avenue) and turn right. You are now on the campus of Howard University.

From Shaw-Howard Univ. Metro Station - Green Line
Exit the Shaw-Howard U. Metro station from the 7th Street/Georgia Avenue entrance, turn right/north and proceed approximately six blocks until you have reached the main campus of Howard University. View Washington area Metro Subway Map
Lodging

We encourage visitors to use the CTM Visitor Travel Portal to book their hotel reservations with our hotel partners to save money and support Howard. Make sure to also look for the Howard visitor rate on each hotel’s website. Regardless of which rate is used (AAA, Military, etc.), Howard will still earn a commission if you book through our travel portal.

Below are some of our key hotel partners:

How do I access the discount?
Hotel Discounts can be accessed online by visiting http://www.campustravel.com/university/howard/visit_howard.html or by going to http://undergraduatestudies.howard.edu/osst/new-student-orientation, Family and Parents, and selecting Hotel Accommodation. You can access these discounts every time you are visiting Howard University, just revisit the link above.